









St. Louis Mosaic Project supports the STL International Spouses (Meetup) Group and the STL International Women Mentoring Program

STL International Spouses (Meetup) Group

This is a group for international women spouses interested in getting to know people from different cultures, helping them to settle down and breaking the culture barriers. The mission of this group is to embrace, to ease the adaptation process and to promote the integration of the international spouses in the local community. Susan Gobbo is a co-founder and coordinator of this International Spouses Group. Join this group at St. Louis International Spouses Meetup Group or www.itspouses.org. Email contact itspouses@gmail.com

Activities and events

- Meeting international spouses from all over the world
- Sharing experiences and exchanging cultural information
- Learning about American culture: customs, holidays, and people
- Helping the trailing spouses to connect, adapt, integrate and live better in the St. Louis community

STL International Women Mentoring Program

The mission of The St Louis International Spouses Mentoring Program is to connect international women with local women in order to help them integrate into the St. Louis community. Each international woman will have the opportunity to learn about places to visit and enjoy in St. Louis while they get more familiar with American culture as they make new friends. This Program will also give the St. Louis women the chance to learn about other cultures from the international women. Join this program at www.mentorprogramstl.org or contact Annie Schlafly, Coordinator of the Mentoring Program at (314) 443-5056, schlafly@sbcglobal.net.

Education on the nuts and bolts of the city:

- New systems that might be different; driver's license
- Learning about the Community College
- Clubs such as biking, hiking, photography, painting, yoga
- Volunteering, serving on boards
- Cultural Life in the city
- St. Louis sporting events
- Networking



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St. Louis Mosaic Project goal: St. Louis region to have fastest growth of foreign-born of major metros by 2020 www.stlmosaicproject.org